

Artist Manifesto - Logan C Thomas

Initial steps towards my rules for living.

- AN ARTIST AND HIS LIFE

- An artist must read his manifesto aloud every day
- An artist must only tell the truth to himself and others
- An artist must spend time in nature
- An artist must avoid excess
- An artist must avoid time wasters and leeches
- An artist must set reasonable goals for growth regularly
- An artist must take responsibility for his actions
- An artist must continue to strive towards his best self
- An artist must not allow guilt or fear to rule
- An artist must understand himself
- An artist must speak plainly

- AN ARTIST AND HIS LOVE LIFE

- An artist needs to avoid falling in love with needy and manipulative women
- An artist must remember that he is free to pursue desire
- An artist knows that to be in love is to be part of a team
- An artist must pursue and nurture his love
- An artist must never feign love

- AN ARTIST AND THE EROTIC

- An artist should embrace the erotic and use it well in his work
- An artist should be erotic
- An artist must not care about the opinions of others as it relates to the erotic

- AN ARTIST AND SUFFERING

- An artist must recognize that suffering for its own sake is not noble or moral
- An artist must understand his relationship with suffering
- An artist must use his own suffering to inform his work
- An artist must endure his suffering but never accept it
- An artist understands that suffering is a chance to learn

- **AN ARTIST AND DEPRESSION**

- An artist is not a depressed person
- An artist recognizes that depression is an unnatural state of being that must be stopped.
- An artist must not entertain or accept depression

- **AN ARTIST AND SUICIDE**

- Suicide of any form is a crime against life
- An artist must not be self-destructive
- An artist must not be self-destructive
- An artist must not be self-destructive

- **AN ARTIST AND INSPIRATION**

- An artist finds inspiration within himself
- An artist must quieten his mind for inspiration to come
- An artist must not seek inspiration
- The artist is one of trillions of central points in the universe
- The artist is one of trillions of central points in the universe
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- **AN ARTIST AND SELF-CONTROL**

- An artist must avoid self-consciously controlling his life
- An artist must have complete control over his work
- An artist must avoid self-consciously controlling his life
- An artist must have complete control over his work

- **AN ARTIST AND SYMBOLS**

- An artist must discover his own symbols
- Symbols will give meaning to the artist's work
- The meaning must be understood by the artist
- The artist must use his symbols to communicate his meaning
- Sometimes it is difficult to understand the meaning

- AN ARTIST AND SILENCE

- An artist has to understand and respect silence
- An artist must inject silence into his work
- Silence is a mirror that reflects the truth
- Silence is a mirror that reflects the truth
- Silence is a mirror that reflects the truth

- AN ARTIST AND SOLITUDE

- An artist must make time for long periods of solitude
- Solitude is the foundation of the artist
- Solitude means:
 - Away from home
 - Away from family and friends
 - Away from the studio
 - Away from his tools
 - Away from the internet
- An artist must spend time in the majestic:
 - In and near the ocean
 - Walking through quiet forests and gullies
 - Sitting on high places
 - Watching the sun rise and set
 - Looking up at the night sky

- AN ARTIST AND HIS WORK

- An artist should avoid going to the studio every day
- An artist cannot treat his schedule like a government worker does
- An artist should attempt to explore life, and only work when an idea comes to him or when the need arises to create
- An artist should not repeat himself
- An artist should not overproduce
- An artist must not compromise
- An artist must not stretch himself too thin
- An artist should not work for the money, the money should work for the artist

- AN ARTIST AND HIS POSSESSIONS

- An artist should let things go
- An artist should continually shed the old and not allow for possessions to weigh him down
- An artist knows that nostalgia is powerful and dangerous
- An artist understands that less is more

- **AN ARTIST AND FRIENDSHIP**

- An artist should have friends who lighten the load
- An artist should avoid being friends with those who take
- An artist should listen to his friends
- An artist should avoid friendships with people who don't listen
- An artist does not need many friends to be content

- **AN ARTIST AND HIS ENEMIES**

- A artist understands that his enemies have potential to become friends
- An artist's enemies are his best teachers
- An enemy challenges the artist towards compassion

- **AN ARTIST AND FEAR**

- An artist must use his fear as a guide to what he must do
- An artist must not be controlled by his fears
- An artist must treat his fears as he treats his enemies: with compassion
- The cave an artist fears to enter holds the treasure he seeks
- The cave an artist fears to enter holds the treasure he seeks
- The cave an artist fears to enter holds the treasure he sees

- **AN ARTIST AND GUILT**

- Guilt is a waste of emotion
- An artist rejects guilt and those who would use it against him
- Guilt is never the basis for a decision

- **AN ARTIST AND DEATH**

- An artist must live knowing that he will die
- An artist knows that acceptance of death is a source of great inspiration
- An artist must never fear death, but use it to his advantage
- An artist must die consciously